



2. Confidence

**A candle loses nothing
by lighting another.**

This holiday season, we have choices

To share our light with others

To mirror the light of others, when it's hard to find our own

It is said that seeing is believing, but sometimes what is most real are the things we cannot see. Let's have the confidence to believe in us, in others and in the power of help. Let your belief deliver your magic this festive season:



It's ok not to feel ok; and it's absolutely ok to ask for help.

**I Am
Here**